



# ADVENTURE ASSOCIATES

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## TANZANIA, EAST AFRICA: MT. KILIMANJARO CULTURAL CLIMB & WILDLIFE SAFARI FOR WOMEN

**Trip Dates: January 31 – Feb 16, 2009**

**Climb Only: Jan 31 – Feb 9**

**Safari Only: Feb 8 – 16**

**Land Costs: \$5999**

**Climb Only: \$3399**

**Safari Only: \$3765 Includes park fees valued at \$950!**

### **DAY 1 (Jan 31)**

Depart USA to Arusha, Tanzania. (KLM flight schedule)

### **DAY 2 (Feb 1)**

Arrive Kilimanjaro airport, transfer to lodge for overnight.

### **DAY 3 (Feb 2)**

Day at your leisure unwinding from the flight and enjoying the surroundings. Evening orientation and preparations for climbing Mt. Kilimanjaro. Dinner and overnight at lodge (BLD).

### **Kilimanjaro Climb – Machame Route**

The Machame route is considered by many to be the most beautiful and scenic. The actual climb requires a minimum of six days, during which you hike about 60 miles. Final ascent to the rim begins predawn hours, (we have planned a full moon ascent) and most climbers reach Stella's point at sunrise. From Stella's point is a 2-hour ascent to Uhuru Peak – the highest point in Africa. This is a highly challenging, spectacular and rewarding hike to the "roof of Africa".

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**DAY 4: (Feb 3) Day 1 of Climb****Machame gate (1490m/5921') - Machame Camp (2980m/9868')****Hiking time: 5-7 hours****Distance: About 18 km****Habitat: Mountain forest**

Your day starts early with a briefing, followed by breakfast and a 45-min. drive from Moshi (910m) to the Machame village (1490m). The guides and porters prepare and pack supplies and your equipment in the village. You will receive a lunch pack. You may buy mineral water in the village. Depending on the condition of the road, it is possible to drive from the village to the Machame gate, but if not, the muddy 3km walk will take about 1 hour to complete. After registering at the gate office, begin your ascent through the rainforest, a breathtaking environment where Kilimanjaro Colobus and blue monkeys may be seen. There is a strong possibility of rain here, which may transform the trail into a soggy, muddy and slippery experience. You will have a welcome lunch stop about half way and will reach the Machame camping area in the late afternoon. Your porters (arriving at the campsite long before you) will prepare camp for your arrival. In the evening, the porters will boil drinking and washing water, and the cook will prepare dinner. Night temperatures can already drop to freezing point at this campsite. (BLD)

**Day 5: (Feb 4) Day 2 of Climb****Machame Camp (2980m/9868') - Shira Camp (3840m/12,631')****Hiking time: 5-7 hours****Distance: About 9 km****Habitat: Moorland**

You rise early at Machame Camp. After breakfast you climb an hour or so to the top of the forest and then for 2 hours at a gentler gradient through the moorland zone. After a short lunch and rest, you continue up a rocky ridge. From the ridge, the three peaks of Kilimanjaro (Kibo, Mawenzi, and Shira) may be seen and Mt. Meru on a clear day. Continue with an easy going hike along the rock ridge until the path turns west into a river gorge and then continue west gradually ascending to the Shira Plateau at 12,500 ft. Another half hour of hiking through an area where eland and klipspringer may be seen brings you to Shira camp. Settle in camp and enjoy dinner. Having gained elevation the camp will be colder than the previous night and temperatures may drop below freezing. (BLD)

**Day 6: (Feb 5) Day 3 of Climb****Shira (3840m) - Lava Tower (4630m) - Barranco Camp (3950m)****Hiking time: 6-9 hours****Distance: About 15 km****Habitat: Semi-desert & Senecio Forest**

The route now turns east into a semi desert and rocky landscape surrounding Lava Tower. Ascending the rocky stream path to Lava Tower (4630m) provides the acclimatization benefit of hiking to Lava Tower and returning to a lower elevation to sleep. Definitely the toughest day so far; it is normally around this point, where for the first time, some climbers may start to feel symptoms of breathlessness, irritability and headaches. After lunch you descent almost 680m, about 2 hours to the Barranco Camping area. Enjoy a memorable sunset camped below the Breach and great Barranco wall. (BLD)

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**Day 7: (Feb 6) Day 4 of Climb****Barranco Camp (3950m/12,993') to Karanga Ridge Camp (13170')****Hiking time: 5-7 hours****Distance: About 8 km****Habitat: Dry Alpine desert**

After a night at the Great Barranco wall you hike up a steep path out of the Barranco Valley topping out just below the Hem Glacier. Here you may take in a view of beautiful Mt. Kilimanjaro! The route then heads down through the Karanga Valley (your last water stop) across intervening ridges, scree and valleys joining up with the Mweka route (the Mweka route is the preferred route down from the summit). Breathtaking views of the Western Breach and the Southern glacier are seen from the Karanga Ridge. The rare *lammergeyer* may be seen flying at these elevations. (BLD)

**Day 8: (Feb 7) Day 5 of Climb****Karanga Camp (13,170') - Barafu Camp (4550m/15,131')****Hiking time: 3-4 hours****Distance: About 5 km****Habitat: Alpine desert**

Ascend up the ridge for an hour to reach Barafu Hut. Barafu is the Swahili word for "ice". The campsite is on rock and exposed to nighttime winds. Your guides will assist you in preparations for your early morning summit attempt. (BLD)

**Day 9: (Feb 8) Day 6 of Climb SUMMIT ATTEMPT****Barafu Camp (4550m/15,131') - Uhuru Peak (5895m,19341') - Mwuka (8100m/10,150')****Hiking time: 8hrs to reach Uhuru Peak****7-8 hours to descend to Mweka****Distance: About 7 km ascent and 23 km descent****Habitat: Stone, scree and ice-capped summit**

You will rise around 23h30 to hot tea and biscuits. The summit ascent from Barafu Camp is 1345m. Hiking in a northwesterly direction, ascend through heavy scree towards Stella Point on the crater rim. At Stella point (5685m/18,815') you will stop for a short rest and most magnificent sunrise (weather permitting) over Mawenzi. At Stella Point, if you are still feeling strong, you have a 2-hour ascent to Uhuru Peak – the highest point in Africa. Enjoy your accomplishment and a day to remember for the rest of your life! The time spent on the summit will depend on the weather conditions. The return to Barafu takes about 3 hours. Take some well-earned rest then collect the rest of your gear and continue down to Mweka camp (3100m/10,197ft.) (BLD)

If you are joining the group for the SAFARI ONLY, you will be leaving the USA on a KLM Flight to Arusha, Tanzania. (Meals on own.)

**Day 10: (Feb 9) Day 7 of Climb (Full Moon: Feb 9, 2009)****Mweka camp (3100m/10,197ft.) - Mweka gate (1980m/4934ft.)****Hiking time: 2-4 hours****Habitat: Forest****Moivaro Coffee Lodge Elevation: 4720'**

After an early well deserved breakfast, there is a short 3-hour scenic hike through open moorlands and forest glades to the Park gate. At Mweka gate, sign your

name and details in a register. Also, summit certificates for Stella Point (5685m) or Uhuru Peak (5895m) are awarded. At Mweka village you will be served a delicious hot lunch!! Transfer to the lodge for a long overdue hot shower, dinner and relaxing overnight. (BLD)

If you are joining the group for the SAFARI ONLY, you will arrive at Kilimanjaro airport today and transfer by private vehicle to the lodge for overnight. (D)

**Day 11: (Feb 10) Day 1 Safari** After breakfast, depart for home –OR- drive westward to Tarangire National Park for a full day game run into the park. Tarangire is one of the world's most famous parks for safari, we can think of no better way to introduce you to Africa than by being in a remote and exotic place such as this! Known for its enormous resident elephant herds, lovely birds, famed and beautiful baobab tree and palm groves, Tarangire offers endless photography possibilities! Return late afternoon to the base of the crater to enjoy your evening dinner surrounded by lush coffee plantations. Overnight in a comfortable lodge in the town of Karatu. (BLD)

**DAY 12: (Feb 11)** Today we proceed to Lake Eyasi for lunch and an afternoon exploring the Lake Eyasi region with a local Tatog guide. Overnight in a traditional tented lodge. (BLD)

**Day 13: (Feb 12)** After breakfast, enjoy visits with the local Tatog people. The Tatog are a tribe of people who have been respected historically for their fierce warriors and rich community tradition. The Maasai tribe refers to the Tatog as the "Mong 'ati", literally translated this means "our worthy enemy". The opportunity to interact with these traditional tribal people in their villages and homes is both rare and wonderful! Whatever is happening in the village at the time of our visit is what we participate in – our interactions are spontaneous and non-contrived. Overnight in your tented lodge. (BLD)

**DAY 14: (Feb 13)** Today is going to be a very special day! Get up early to descend 2,000 feet into the Crater for a full day of game viewing...lion, cheetah, hippos, buffalo, rhino and more. This 110 square mile crater is the permanent home to over 20,000 animals! This awesome setting is often referred to as the "ninth wonder of the world". Enjoy a picnic lunch on the floor of the crater, and return to the rim to check into your lodge in time for shower, dinner and overnight. (BLD)

**DAY 15: (Feb 14)** Early morning departure for another day of game viewing inside Ngorongoro Crater on your way towards the southern end of the Serengeti Park. Enjoy another picnic lunch en route and arrive at your safari lodge in the Serengeti in time for dinner and overnight. (BLD)

**Day 16: (Feb 15)** Full day searching for the wildebeest migration and lions in the Serengeti...the symbol of Africa's primeval beauty...endless miles of absolutely breathtaking landscape teeming with wildlife! Serengeti National Park is probably the most famous game park in the world covering 14,763 square km. This area is well known for its large concentration of plains animals (giraffe, gazelle, zebra, wildebeest). Picnic lunch and game viewing on the way. Enroute we may have the opportunity to visit with the Maasai people at one of their traditional "manyattas". The Maasai are beautiful and proud people who have, more than any other tribe in East Africa, resisted changing their traditional way of life. Dinner and overnight at

safari lodge. All meals and overnight at safari lodge. (BLD)

**Day 17: (Feb 16)** After a healthy breakfast, return to Arusha, visiting the Olduvai Gorge museum en route. Tanzania is often thought to be the Cradle of Mankind – it was in northern Tanzania, at the world-famous Olduvai Gorge, where archaeologists unearthed some of the earliest and most significant hominid fossils. Enjoy a farewell lunch and rest before your flight home. Transfer to the airport for your flight home – OR –

EXTEND your African adventure to relaxing and **Tropical Zanzibar**. (BL)

**NOTE: This itinerary is subject to change.**

Land Costs	Single Supplement	Deposit	In-country Flight(s)	2008 Trip Dates	Group Size	Difficulty	Activities
<b>Climb:</b> \$3399 <b>Safari:</b> \$3765 <b>Both:</b> \$5999	<b>Safari Only</b> Approx. \$495	\$500	Included at added cost if adding extension	<b>Climb:</b> Jan 31–Feb 9 <b>Safari:</b> Feb 8 - 16 <b>Both:</b> Jan 31-Feb 16	8 - 12	Moderate hiking experience needed	Trekking, Camping, Wildlife, Cultural Exchange, Lodges

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## A FEW IMPORTANT DETAILS ABOUT YOUR TRIP...Read carefully

**Included in your Trip Fee:** All accommodations in cities and on safari and during climb; airport transfer when arriving and departing Tanzania; ground transportation on safari and climb; ground transportation on safari; all park entrance fees and permits; game viewing, guide services; group camping equipment; mineral water on safari, meals as indicated in itinerary (B=Breakfast, L=Lunch, D=Dinner).

**Not Included in your Trip Fee:** International Airfare; Visas; passport; airport departure tax (\$25-US currency only); Travel insurance; medical expenses (including evacuation); single supplement hotel fee on safari if unable to share a room based on double occupancy (approx. \$495); meals not specified itinerary, all alcoholic beverages; personal camping equipment (sleeping bag or sheet); cost of delays due to weather, transportation problems, illness, political disputes or other contingencies for which reasonable provision cannot be made; tips to your guides as seems appropriate.

**Transportation and Flight Arrangements:** Upon your registration we will work with you directly on your desired flight arrangements. Airfares are dependent upon time of ticketing. We encourage you to fly KLM directly into Moshi, Tanzania and depart out of Dar Es Salaam *if you are doing the extension to Zanzibar*. **Please contact Adventure Associates to clarify all flight schedules prior to ticketing.** We can assist in arrangements for individual itineraries such as departing from another port in the USA, extending your trip dates, longer layover in Amsterdam, etc.

**Single Supplement:** Single accommodations are not guaranteed, but will be provided at an additional cost of approximately US\$495 for the 8-day safari, if available. For passengers who are traveling alone and wish to share a room with another tour member, we will do our best to provide a roommate. However, if this is not possible, you will be required to pay the single room supplement prior to your departure from the USA.

**How to Register:** If you have not downloaded an application form, please contact our office for one. Complete the application form and return it to our office along with the appropriate deposit. Upon receipt of your application, we will send you a confirmation and final details about your pre-trip preparation. For immediate confirmation, you may charge your deposit to Visa, Master Card or American Express by phone or fax.

**Special Note:** The American dollar fluctuates constantly in Tanzania and Kenya. The trip price is based upon the dollar value at the time of printing (March 18, 2008) and is subject to change.

**Payment Schedule:** We accept personal checks, Visa, MasterCard or American Express.

\$500 deposit due at time of registration (\$300 non-refundable)

\$2,000 payment due six months prior to departure

Final payment due three months prior to departure

### **Cancellation & Refund Policy**

If you must cancel prior to departure, the following fee will be assessed based upon our receipt of your written cancellation request:

Days Prior to Departure (trip destination)

90 or more ..... \$300

60 to 89 ..... \$500

30 to 59 ..... 50% land fee

1 to 29 ..... 100% land fee

Itineraries and rates are subject to change.

No partial refunds are possible for any unused portion of your trip.

Penalties on airline tickets are subject to the individual air carrier's rules and regulations. Departure is defined as the date of the first flight, or the trip departure date as indicated on our Trip Schedule, whichever comes first.

Once a trip has been confirmed medical circumstances will not be considered as exceptions to our cancellation policy. However, if you have purchased a comprehensive Travel Insurance plan that covers cancellation, you may be able to retrieve some of the funds.