



# ADVENTURE ASSOCIATES

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## PERU: FESTIVAL OF THE SUN TOUR & CLASSIC INCA TRAIL TREK TO MACHU PICCHU FOR WOMEN

The astonishing breadth and beauty of Peru is unsurpassed: glistening 20,000 ft. Andean peaks towering above crystalline glacial lakes, the majestic heritage of the Inca civilization, and the famed citadel of Machu Picchu. **Adventure Associates has been offering uniquely crafted tours to Peru for 15 years**, and our women's trip offers the ultimate Peruvian adventure: visiting ruins of Cusco - "the Archeological capital of the Americas" - and participating with the local villagers during their annual celebration of the summer solstice (Inti Raymi), exploring the Sacred Valley villages and markets of Pisac and Ollantaytambo, and trekking for four days on the historic Inca Trail. Traverse a magnificent walkway of stones, stairways and tunnels on ridges high above the river but below snow-capped peaks of the Andes, finally reaching Machu Picchu. Spend nearly two full days immersing yourself in the awesome wonders of the "Lost City of the Incas", before descending via railway to a secluded spa retreat for some relaxation before your trip home.

**Trip Dates: June 22 – July 4, 2011**

**Land Costs: Tier-priced starting at \$3475**

7- 9 Guests: \$3439 (Standard) / \$3639 (Mountain View Room Sanctuary Lodge)

11-12 Guests: \$3239 (Standard) / \$3439 (Mountain View Room Sanctuary Lodge)

### **DAY 1 (Wednesday, June 22)**

Flight from USA to Lima, Peru. Transfer to lodging in Lima. One evening transfer for group provided. (Meals on your own)

### **DAY 2**

Scheduled early morning transfer and group flight to Cusco. Welcome to Cusco, the oldest continuously inhabited city in the Americas. You will be met at the airport and transferred to your local hotel to settle in. Spend the rest of the morning acclimatizing to the altitude (11,400 ft). Enjoy an afternoon tour of Cusco and its surrounding ruins, followed by dinner at a local restaurant. Overnight hotel in Cusco. (B, D)



the Pacaymayo River and then slowly climbs again, passing Runkuraqay ruins, over a lower pass to Sayacmarca, the "waiting village". Continuing along the ridge we reach our camp at Phuyupatamarca (11,975 ft), Quechua for "the town at the edge of the clouds". (BLD)

#### **DAY 8 (Wed, June 29)**

*Phuyupatamarca to Machu Picchu* (Walking time: 3-4 hours)

After continuing along a buttress and passing Phuyupatamarca ruins, the flagstone trail winds sharply down into the cloud forest to the ruins of Wiñay Wayna. After a two-hour walk through the cloud forest-covered Inca Trail, pass through the "Sun Gate" (Intipunku). From this spot you have your first views of the famous citadel. Now only an hour and a half hike away is Mapi ruins and Machu Picchu (7,874 ft) Overnight inside the ruins at the **Sanctuary Lodge**. Accommodations include shared **standard room** or **Mountain View room** for an added fee. Please see below for price differences. Please inquire when booking for availability. (BLD)

#### **DAY 9**

Wake up for a guided visit through the Machu Picchu Sanctuary, roaming the ruins, walking through the village and surrounding trails. On site, there is time to hike to Huayna Picchu, however, this is optional. Lunch at the hotel. Train back to the Sacred Valley and transfer to a remote spa retreat for dinner and overnight. (BLD)

#### **DAY 10**

Enjoy a full day on your own at a wonderful guesthouse and spa retreat. Join a yoga class, book an Andean massage or solar bath, relax in a secluded garden and enjoy healthy meals. Meals here are completely vegetarian, prepared with organic fresh produce, herbs and grains grown in the beautiful gardens onsite. (BD)

#### **DAY 11**

With one more day in the Sacred Valley region, enjoy visiting the local communities: the remote and traditional area of Ollantaytambo, the citadel and fortress in the Sacred Valley. Continue on to visit family homes and villages in the remote area of Patacancha and Willoq, learning the Quechuan way of life. Admire firsthand their weavings and observe their method of agricultural production. Return to Cusco for dinner and overnight. (BLD)

#### **DAY 12**

A free day in Cusco. Rest and watch local life in the plaza or walk the ancient city's streets one last time, shopping for some final souvenirs. (B)

#### **DAY 13 (Monday, July 4)**

Transfer to Cusco airport to fly back to Lima. Enjoy a farewell lunch at a local restaurant followed by an afternoon tour highlighting the colonial and modern aspects of Lima. Last chance for shopping before a transfer to the airport for your late evening flight home (arriving home next day, **July 5**). Or transfer on for planned extension. (B, L)

**NOTE:** While as accurate as possible at the time of printing, this itinerary should be considered an approximate indication of the schedule and scope of the trip route and activities, rather than an inflexible schedule. The itinerary, hotels and flights are subject to change due to circumstances beyond our control.

***Continued...***



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Land Costs	Deposit	In-country Flights	Single Supplement	2011 Trip Dates	Inca Trail Entry Fee	Group Size	Difficulty	Activities
Tier-priced: see below	\$200 (non-refundable)	Approx \$405 (non-refundable)	\$720	June 22-July 4	Approx \$100	7-12	Moderate Backpacking	Hiking, Cultural Exchange, Camping, Spa, Lodges

**Tier pricing...Land Costs per person based on:**

7- 9 Guests: \$3439 (Standard) / \$3639 (Mountain View Room Sanctuary Lodge)  
 11-12 Guests: \$3239 (Standard) / \$3439 (Mountain View Room Sanctuary Lodge)  
 Single supplements: \$720 (Standard) / \$920 (Mountain View room)  
 All prices subject to change.

**A FEW IMPORTANT DETAILS ABOUT YOUR TRIP...Read carefully**

**Included in your Trip Fee:** All meals as indicated on itinerary (B=breakfast, L=Lunch, D=dinner), transportation and transfers as stated, local guides, trekking and camping equipment except sleeping bag, porters, all lodging on double basis from Day 1 through Day 12, tickets at archaeological sites, train ticket.

**Not Included in your Trip Fee:** International airfare, Inca Trail entry Fee (Approx. \$100); in-country airfare (Approx. \$405); optional Single supplement (\$720 - \$920), meals and lodging not specified on itinerary, spa services, alcoholic beverages, airport departure tax, tips to guides, drivers and bellhops, personal medical and evacuation trip insurance, personal gear and clothing, passport, warm sleeping bag (available for rent in Cusco).

**How Strenuous is the trek:** Moderately strenuous, with elevations up to 13,500 feet. (Machu Picchu is at 8,000 ft.) Participants should be in good physical shape, comfortable with hiking 6-8 hours per day, with some elevation gains. The trek can be done in 2-3 days, but 4-5 days makes it a more pleasant experience (ours lasts 4 days).

**Do I need a Visa for travel to Peru:** No, but your passport is necessary and it must be valid for 6 months beyond your return date.

**Single Supplement:** Single accommodations are not guaranteed, but will be provided at an additional cost of approximately depending on accommodation type for the 12-night tour, if available. For passengers who are traveling alone and wish to share a room with another tour member, we will do our best to provide a roommate. However, if this is not possible, you will be required to pay the single room supplement prior to your departure from the USA.

**Travel & Trip Insurance:** We strongly recommend that travel insurance be purchased immediately following your registration. The insurance protects you and your money from late cancellations, accidents or illness in remote areas, emergency evacuation, loss of baggage, airline flight changes and other unexpected delays. The particular program we recommend (Access America) will cover "preexisting" conditions if you purchase full coverage within fourteen (14) days following your registration or flight purchase. Information available upon request.

**Transportation/Flight Arrangements:** Upon your registration, Adventure Associates will work closely with you on your individual flight plans. Certain programmed activities are dependant on flight schedule - you should verify your flight itinerary with Adventure Associates **before** purchase.

**How to Register:** If you have not downloaded an application form from our website, please contact our office for a complete registration packet. Complete the application form and return it to our office along with the appropriate deposit. Upon receipt of your application, we will send you a confirmation and final details about your pre-trip preparation. For immediate confirmation, you may charge your deposit to Visa, Master Card or American Express by phone or fax.

**Payment Schedule:** We accept checks, Visa, MC, and American Express.

Note: Due to the fluctuating nature of the American dollar, the trip price is based upon the dollar value at the time of printing (Oct 10, 2010) and is subject to change.

\$200 deposit due at time of registration (\$200 non-refundable)

\$1200 due six months prior to departure

Final payment due two months prior to departure

### **Cancellation & Refund Policy**

If you must cancel prior to departure, the following fee will be assessed based upon our receipt of your written cancellation request:

Days Prior to Departure (trip destination)

90 or more ..... \$200

60 to 89 ..... \$600

30 to 59 ..... 50% fee

1 to 29 ..... 100% fee

**In-country flights are non-refundable once purchased.**

Itineraries are subject to change.

No partial refunds are possible for any unused portion of your trip.

Penalties on airline tickets are subject to the individual air carrier's rules and regulations. Departure is defined as the date of the first flight, or the trip departure date as indicated on our Trip Schedule, whichever comes first.

Once a trip has been confirmed medical circumstances will not be considered as exceptions to our cancellation policy. However, if you have purchased a comprehensive Travel Insurance plan that covers cancellation, you may be able to retrieve some of the funds.



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