



ADVENTURE ASSOCIATES

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MAIN SALMON RIVER, IDAHO: "THE RIVER OF NO RETURN" WHITEWATER RAFTING EXPEDITION FOR WOMEN

Idaho's rivers access some of the most pristine terrain in all the state. They are home to abundant flora and fauna, an impressive network of hiking trails, and some of the country's best whitewater. No river displays all these characteristics quite like the Main Salmon. Perhaps the most popular rafting trip in Idaho, and the main section of the longest undammed river in the mainland U.S., the Main Salmon offers a rich river experience. Raft over 80 river miles through free-flowing Class III whitewater that's great for any experience level, big sandy beaches perfect for camping and playing, beautiful mountain scenery, abundant wildlife, and a natural hot spring are among the hallmarks of the Main. Perhaps inappropriately dubbed the "River of No Return" by early river runners, the Salmon is in fact a river you'll want to return to again and again. For the duration of the trip we raft through the second deepest gorge in North America—and the 3.2 million-acre Frank Church River of No Return Wilderness. An unbeatable wilderness rafting expedition for women! **No Experience Necessary.**

Trip Dates: July 14 - 20, 2008

Land Cost: \$1528 + \$24 Forest Service Fee

DAY 1: Monday, July 14

We'll meet at 8:00 PM at the Stagecoach Inn in Salmon, Idaho for a pre-trip meeting. This is an opportunity to meet your fellow travelers and trip leader and ask any last-minute questions. Your trip leader will give you a thorough trip orientation, then pass out your waterproof river bags so that you can pack your belongings that evening. (Lodging and meals on own.)

DAY 2: July 15

We'll depart Salmon at 7:00 AM for the 2-hour drive to our put-in at Corn Creek. Along the way, we'll stop at the North Fork Store for fishing permits, lures, and any personal odds and ends that you may have forgotten. Reaching the river, we'll meet the rest of our guides and load up the boats. After an informative safety talk and some brief paddling instruction, we're off on our river adventure! The first day's whitewater action includes rapids like Killum and Gunbarrel. The riverside forest is lush and beautiful. We may be welcomed to the river by a family of otters

swimming near our boats, a herd of bighorn sheep scaling a steep canyon wall, a giant elk or moose wading in the shallows, or if we're lucky, a black bear standing sentinel on shore. Our first day generally sets the pace for our trip. Typically, we spend a few hours on the water in the morning, sometimes stretching our legs on a short hike, a visit to a waterfall or an Indian pictograph, or a soak in a natural hot spring. Enjoy a picnic lunch on a sandy beach, with an optional swim or nature walk. Back in the boats, we meet more whitewater action further downstream. Mid- to late-afternoon, we stop and make camp; everyone participates in setting up tents and unloading gear. The guides take care of the kitchen and "living room"—camp chairs and the site for the evening's campfire (if permitted). After a satisfying dinner feast, the evening is yours to spend however you wish. Maybe music, stories, or jokes will bring us together tonight; maybe the popping of the fire, the whisper of the river and the clarity of the big, star-filled sky will encourage silent reflection on the amazing wilderness that is, for now, our home. (LD)

DAYS 3 – 6: July 16 - 19

As we journey into the pristine heart of the Frank Church Wilderness, each day brings new discoveries: exciting rapids like Salmon Falls, Big Mallard and

Growler, historical sites such as Buckskin Bill's homestead and Jim Moore's place (maybe you'll find the fortune he buried in the hillside!), and the much anticipated Barth Hot Springs. Avid hikers may enjoy a challenging climb to Rabbit Point, where the beautiful views are well worth the effort of getting there. The fishing is excellent during these days, and warm air and water temperatures encourage frequent refreshing dips in the river. (BLD Daily)

DAY 7: Sunday, July 20

Today, as the Salmon River begins to parallel the forest service road, we conclude our adventure at the Carey Creek Take-Out. Bidding farewell to the river and our guides, we'll take a two-hour drive to McCall, where a lovely resort town awaits us. You may want to spend the night, or even a few days, in McCall to enjoy its beautiful natural setting on the shores of Payette Lake and its authentic small-town Idaho charm. Drop off location is the Holiday Inn Express – The Hunt Lodge in McCall, ID. Salmon Air runs return flights from McCall to Boise beginning approximately 10:30 AM the next morning. (BL)

NOTE: Although we try to adhere to this itinerary, due to circumstances beyond our control (i.e. weather, permits, overall group safety, and travel delay) this schedule is subject to change.



Continued...

Land Costs	Deposit	Forest Service Fee	2008 Trip Dates	Group Size	Difficulty	Activities
\$1528	\$250	\$24	July 14 - 20	6-12	No Experience Needed	Rafting, Camping, Fishing, Wildlife, Swimming

A FEW IMPORTANT DETAILS ABOUT YOUR TRIP...Read carefully

Included in your Trip Fee: 6 days rafting/5 nights camping; All meals from Lunch Day 2 to Lunch Day 7, as indicated on itinerary (B=Breakfast, L=Lunch, D=Dinner); Expedition equipment, including 2-person shared tent, sleeping bag with liner, sleeping pad, pillow with pillow case, ground cloth, and dry bags to hold your gear and high quality inflatable rafts and kayaks, colorful handcrafted dories when conditions allow, and related river equipment including paddle, helmet, personal flotation device (PFD), wetsuits for paddlers when required (or splash jackets for spring and cold weather trips only); Transfer from Salmon, ID to the river and from the river to McCall.

Not Included in your Trip Fee: Transportation to Salmon, ID and from McCall, ID; Pre- and post-trip accommodations and meals; \$24 Forest Service Fee; Fishing gear and license; Excess baggage charges; Insurance of any kind, including travel insurance; Alcohol; items of a personal nature (an equipment list will be provided); Tips to our excellent guides.

How Strenuous is this trip: Few rivers offer whitewater excitement suitable for such a wide range of ages and experience levels as the Main Salmon. Its Class III rapids are a great whitewater introduction for the beginning rafter, yet challenging enough to inspire adrenaline in experienced river runners. Mid-summer and late-season Idaho whitewater rafting trips typically feature moderate whitewater, yet regular exercise prior to your trip will certainly add to your enjoyment. Most of the physical activity will be at your option, but the side hikes are always worth the effort.

What about hiking and fishing: There is ample opportunity for the curious to explore the areas along our journey at length. Please let your trip leader know if you are an avid hiker and remember to bring extra water bottles and good shoes. Remember, however, that all hikes are optional and you can choose to lie on the beach and take in a few tanning rays or read a book instead. **Fishing:** Salmon River fishing can be excellent, especially in side streams. On the Main Salmon River you can fish for smallmouth bass and, in the fall, steelhead. You'll need to bring your own gear. We recommend collapsible poles for ease in packing, light spinning tackle with 4- to 8-pound test, and an assortment of spinning lures such as Mepps, Rooster tails, and Super-dupers. Fly fishermen do quite well, especially in major tributaries. Non-residents of Idaho can buy a short-term fishing license by calling 800.635.7820. You can also purchase one on the internet.

How is the food: The meals we serve are hearty and sumptuous, complete with fresh fruits and vegetables. Our menu features great camp cooking in a wilderness atmosphere. Wake up to pancakes, omelets, or eggs cooked to order, complemented by bacon or sausage, juice, and plenty of coffee or tea. Sate your appetite at lunch with a delicious spread of cold cuts and cheese on assorted breads, hummus and veggies in soft pitas, or tasty taco salad in roll-your-own burritos; don't forget a cookie or six for dessert, and a cool drink. At the dinner table, our guides' cooking skills truly shine. You may snack on hors d'oeuvres while waiting for fresh green salads, vegetables, and the main course: steak, grilled salmon, or perhaps Dutch oven lasagna. If you can find room, there will always be something for dessert. If you have special dietary needs (i.e. vegetarian, vegan), please inform us when booking.

About our guides: It is our goal at Adventure Associates to staff our women's travel programs with highly qualified female guides. Guide availability and/or local cultural traditions sometimes limit the ability to find and hire local women who are educated, trained and skilled for the job requirements. We are committed to the training and education process for women to escort our travellers. Please understand, however, we cannot guarantee an all-women staff.

Transportation/Flight Arrangements: The trip begins in Salmon, ID and ends in McCall, ID. A van will pick you up at the Stagecoach Inn on the morning of DAY 2 and drop you off in McCall in the afternoon of DAY 7. If you need flight arrangements and hotel accommodations in Salmon or McCall, please contact Adventure Associates - we can assist with your travel arrangements.

Trip & Travel Insurance: We strongly recommend that travel insurance be purchased immediately following your registration. The insurance protects you and your money from late cancellations, accidents or illness in remote areas, emergency evacuation, loss of baggage, airline flight changes and other unexpected delays. The particular program we recommend (Access America) will cover "pre-existing" conditions if you purchase full coverage within fourteen (14) days following your registration. Information available upon request.

How to Register: If you have not downloaded an application form from the website, please contact our office for a complete registration packet. Complete the application form and return it to our office along with the appropriate deposit. Upon receipt of your application, we will send you a confirmation and final details about your pre-trip preparation.

Payment Schedule

\$250 deposit due at the time of registration (\$200 is non-refundable)

Full payment due two months prior to departure

* We accept cash, personal checks, Visa, MasterCard and American Express. (In order to keep costs lower to all of our clients, all credit card payments will incur a 4% administrative fee).

Cancellation & Refund Policy

If you must cancel prior to departure, the following fee will be assessed based upon our receipt of your written cancellation request:

Days Prior to Departure (trip destination)

60 or more \$200

1 to 59100% fee

No partial refunds are possible for any unused portion of your trip.

Penalties on airline tickets are subject to the individual air carrier's rules and regulations. Departure is defined as the date of the first flight, or the trip departure date as indicated on our Trip Schedule, whichever comes first.

Once a trip has been confirmed medical circumstances will not be considered as exceptions to our cancellation policy. However, if you have purchased a comprehensive Travel Insurance plan that covers cancellation, you may be able to retrieve some of the funds.

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