



ADVENTURE ASSOCIATES

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SAN JUAN ISLANDS, WA: 3-DAY KAYAK EXPEDITION FOR WOMEN

Trip Dates: June 27 -29; July 11-13

Land Cost: \$559

This is an ideal trip to learn sea kayaking and navigational skills. No kayaking experience needed. On this special expedition, we kayak and camp on islands accessible only by boat. With superb wildlife spotting opportunities, paddling to quiet coves and secluded inlets, your female guides will share the sights, sounds and beauty of the San Juan archipelago. These trips also feature lovingly prepared gourmet fare with some local organic foods and good Northwest coffee! We supply the boats and gear, instruction, tastefully prepared cuisine and personable, helpful guides. This is an ideal trip to learn sea kayaking and navigational skills. No kayaking experience needed!

DAY 1

The trip originates in Friday Harbor on San Juan Island. You must catch the early morning ferry from Anacortes (approx. a two hour drive north of Seattle) to Friday Harbor. Your guide will meet you in Friday Harbor and transport the group (6-12 people) by van to our put-in site on the west side the island. After stowing all camping and personal gear, we'll have a thorough orientation covering the fitting of the boat, paddling technique, safety and boat handling. We won't get on the water until everybody feels comfortable about paddling. On our first day we'll work our way northward kayaking along the picturesque west side of San Juan Island. We'll keep a sharp eye out for whales as we're in prime Orca habitat. We'll have spectacular views of the Olympic Mountain range to the south and Vancouver Island to the west. After paddling for a couple of hours along the rocky, sealife-covered shores of San Juan Island and Henry Island we'll stop for lunch. After we cross Spieden Channel we'll be paddling among forested, rocky islands including Spieden, Goose and John. Our destination for the night is Reid Harbor and Stuart

Island, which is only accessible by boat. The campsite is nestled in a clump of red barked Madronas, Cedar and Douglas fir trees. After camp is set up, you can relax while your guides prepare the evening meal. Imagine sitting at a scenic, secluded waterfront campsite sipping on a glass of wine and eating superbly prepared food after a hearty day of paddling. (LD)

DAY 2

On our second day we'll do "le grand" circumnavigation around Stuart Island passing by many smaller uninhabited islands. We'll kayak past the abandoned Coast Guard lighthouse on the north side of Stuart and keep our eyes open for sea birds including great blue herons, cormorants and bald eagles. We'll return to our campsite on Stuart for another tastefully prepared dinner. After dinner you'll have the option of participating on an evening "bioluminescence" paddle. (BLD)

DAY 3

Our last day will be spent retracing our route back to the put-in site. We're in prime whale territory again so our chances of seeing the J, K and L pod of resident Orca whales increases. We should arrive at our take-out between 2 and 4 PM. Our van will pick us up and take the group back to Friday Harbor. You'll have an hour or more to poke around town before boarding the ferry to Anacortes. Or, if you are spending the night, head back to your hotel or B & B for a well deserved shower and dinner in town. Friday Harbor has a number of nice restaurants that serve everything from classic Northwest fare to Thai food. (B,L)

Land Costs	Deposit	2011 Trip Dates	Group Size	Difficulty	Activities
\$559	\$200 (\$100 non-refundable)	June 27-29; July 11-13	6-12	No Experience Needed	Kayaking, Camping, Wildlife

A FEW IMPORTANT DETAILS ABOUT YOUR TRIP...Read carefully

Included in your Trip Fee: Transportation between Friday Harbor ferry dock and put-in; guiding and kayak instruction; permits; all meals from lunch Day 1 through lunch on Day 3; stable sea kayaks and paddling gear; group cook gear; two-person tents.

Not Included in your Trip Fee: Transportation and airport shuttle to Seattle; transportation to Anacortes, WA ferry terminal (approx. 2 hours north of Seattle); parking fee in Anacortes (approx. \$25/3 days); ferry passenger fees; any meals not indicated on itinerary (B=Breakfast, L=Lunch, D=Dinner), personal sleeping bag and sleeping pad (these can be rented in Friday Harbor, please notify us in advance); personal clothing and rain gear (a detailed list will be provided after we receive your registration); travel/evacuation/medical insurance; money for incidental personal expenses (shopping, dinner on Day 3, tips for guides).

How Strenuous is this trip: You do not need to be an experienced sea kayaker – all basic skills will be presented. Our itinerary allows for enough flexibility to accommodate a wide variety of experience levels. Our kayaks are top-of-the-line - very stable, seaworthy and slick!

How is the food: The food is excellent and healthy: Tastefully prepared lunches are served. We serve bottled wines (as opposed to boxed – or none at all) as well as non-alcoholic beverages for dinner. We don't skimp on quality. We use real maple syrup, butter and good coffee – the same quality food we eat at home. Finally, (and this is a small detail but often overlooked) we make sure

we have plenty of energy food such as gorp (peanuts, raisins, M and M's) on hand when you need a little extra 'boost' if you're ever paddling against the wind. We don't serve red meat or chicken in any of the delicious camp cuisine served on our trips. We do have one entree where smoked salmon is utilized. One lunch has canned tuna and another has deli-turkey sandwiches. In all cases other food is readily available. If you are a total vegan or require a gluten free diet, let us know in advance and we can easily accommodate your needs. If you are an especially picky eater or have extreme food allergies you are welcome to bring some of your own foods to supplement ours.

Transportation/Flight Arrangements: If you need flight arrangements to Seattle, please contact Adventure Associates – we can assist with your travel arrangements. An airport shuttle (Shuttle Express, 800-487-7433) offers door-to-door service to the downtown Seattle area for approximately \$25, and Metro public transportation for around \$5. Call our office for further details. You can get to Friday Harbor by Washington State Ferry, Victoria Clipper, or Kenmore Air Seaplane. Most common route is the ferry, plan to board the early morning (approx. 8am*) ferry westbound from Anacortes to Friday Harbor as a walk-on passenger on day one of your trip. Your guide will provide transport from the ferry dock in Friday Harbor to the put-in. Please call if you need information about how to reach Friday Harbor from Seattle. **We can provide you with exact ferry time once summer schedules are printed.*

Special Note: Although we try to adhere to this printed itinerary, due to circumstances beyond our control (i.e. weather, tide and currents, revised ferry schedules), this schedule is subject to change.

How to Register: Please call the Adventure Associates' office toll-free at 1-888-532-8352. Do not download the application from our website.

Payment Schedule:

\$200 Deposit due at time of registration (\$100 non-refundable)

Full Payment due 2 months prior to departure

Cancellation & Refund Policy

If you must cancel prior to departure, the following fee will be assessed based upon our receipt of your written cancellation request:

Days Prior to Departure (trip destination)

90 or more \$100

60 to 89 \$200

45 to 59 50% fee

1 to 44 100% fee

No partial refunds are possible for any unused portion of your trip.

Penalties on airline tickets are subject to the individual air carrier's rules and regulations. Departure is defined as the date of the first flight, or the trip departure date as indicated on our Trip Schedule, whichever comes first.

Once a trip has been confirmed medical circumstances will not be considered as exceptions to our cancellation policy. However, if you have purchased a comprehensive Travel Insurance plan that covers cancellation, you may be able to retrieve some of the funds.



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